



**State of Arkansas
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Crisis Counseling Available for Tornado Victims

April 28, 2006 Little Rock, Ar.- Arkansas residents who may be experiencing grief, anxiety, or depression due to the severe storms and tornadoes that struck the area on April 1st through the 3rd may be able to receive counseling, officials from the Arkansas Department of Emergency Management (ADEM) announced today.

Two ways to receive help dealing with these emotions are through the Arkansas Division of Behavioral Health Services or through the Arkansas Crisis Response Team. These organizations will provide services free of charge for individuals who have been affected by the severe weather earlier this month. These organizations can respond to the emotional needs of victims and first responders following a community crisis.

Individuals can receive help by contacting local community Mental Health Centers at the following **toll-free** numbers. These numbers operate **24 hours a day, 7 days a week**.

Conway county- 1-800-844-2066

Cross county- 1-800-382-3177

Fulton and **White** counties- 1-800-592-9503

Green, Lawrence, and Randolph counties- 1-800-356-3035

Individuals may also contact the Arkansas Crisis Response Team by calling **toll-free** at **1-866-769-1033**. When calling this number individuals are asked to leave a message, including contact information. Messages are checked daily and a member of the Crisis Response Team will then be in contact with individuals to provide further information.

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